

Meal Prices

Student Paid \$2.95/\$3.25
 Student Reduced \$.40
 Adult Lunch \$4.50

Tredyffrin Easttown School District
Middle School Lunch Menu
OCTOBER

Register at www.paypams.com for FREE! View your child's account balance, account statement & receive low balance email notifications! Deposits made on-line will incur a \$1.95 fee. All other services are free.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrée	3 NO	4 Penne Pasta w/Spaghetti Sauce n Meatballs	5 Italian or Turkey & Cheese Hoagie w/Lettuce, Tomato	6 Soft Taco w/ Cheese, Tomato, Lettuce, Salsa	7 Individual Round Pizza
Sides	SCHOOL	WW Roll, Tossed Salad, Sliced Cucumber w/dip, Chilled Mixed Fruit	Potato Salad, Fresh Apple	Corn, Carrot Sticks, Fresh Red Grapes	Green Beans, Tossed Salad, Apple Slices
Entrée	10 Popcorn Chicken w/ Dipping Sauce	11 Cheesesteak on a Sub Roll	12 NO	13 Oven Baked BBQ Chicken, WW Roll	14 French Bread Pizza
Sides	Mashed Potatoes, Broccoli w/dip, Orange Smiles	Potato Puffs, Green Beans, Chilled Pears	SCHOOL	Mashed Potatoes, Carrot Sticks, Fresh Red Grapes	Green Beans, Tossed Salad, Fresh Banana
Entrée	17 Cheese Breadsticks w/ Marinara Sauce	18 Meatball Sandwich on a Roll w/ Mozzarella Cheese	19 WW French Toast w/ Sausage Patty	20 General Tso's Chicken w/Rice	21 Stuffed Crust Pizza
Sides	Broccoli, Sliced Cucumber w/dip, Peaches in Juice	Potato Puffs, Broccoli w/dip, Applesauce	Baby Carrots w/dip, Sliced Cucumber w/dip, Chilled Pears	Stir Fry Vegetables, Baby Carrots w/dip, Mixed Fruit	Corn, Tossed Salad, Pineapple Chunks
Entrée	24 Nachos w/Seasoned Beef, Cheddar Cheese, Salsa	25 Chicken Nuggets w/ WW Roll	26 Italian Sausage Sandwich w/ or wo/ Sautéed Onions, Peppers	27 Toasted Cheese Sandwich with Tomato Soup	28 Big Daddy's Pizza
Sides	Diced Tomatoes, Corn, Chilled Pears	Potato Puffs, Broccoli w/dip, Orange Smiles	Baked Beans, Peas, Peaches in Juice	Green Beans, Baby Carrots w/dip, Fresh Red Grapes	Green Beans, Tossed Salad, Chilled Mixed Fruit
Entrée	31 3 Cheese Calzone w/Marinara Dip	1 Sloppy Joe on a Bun	2 1/4# Hot Dog on a Bun	3 Chicken Parmesan	4 Buffalo Chicken Pizza
Sides	Corn, Steamed Broccoli Peaches in Juice	Potato Puffs, Broccoli w/dip, Orange Smiles	Baked Beans Baby Carrots w/dip Chilled Pears	Steamed Carrots Sliced Cucumber w/dip Fresh Grapes	Green Beans, Tossed Salad, Chilled Mixed Fruit

Alternate Entrees

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Grill	Chicken Patty on a Bun BBQ Grilled Chicken on a Kaiser Roll Cheeseburger on a Bun	Chicken Patty on Bun Chicken n Cheese on a Bun Cheeseburger on a Bun	Chicken Patty on Bun BBQ Rib /Kaiser Roll Cheeseburger on a Bun	Chicken Patty on Bun Bacon Cheese Burger on a Bun Cheeseburger on a Bun	Chicken Patty on Bun Veggie Burger/Kaiser Roll Cheeseburger on a Bun
Salad	Salad Bar or Platter	Salad Bar or Platter	Salad Bar or Platter	Salad Bar or Platter	Salad Bar or Platter
Deli/ Wrap	Turkey & Cheese	Buffalo Chicken Wrap	Ham & Cheese	Chicken Caesar Wrap	Tuna Salad
Pizza	Mickey's Pizza	Mickey's Pizza	Mickey's Pizza	Mickey's Pizza	Mickey's Pizza

Milk is Available with all meals: Non-fat Chocolate, 1% White and Skim ■ 4oz Apple and Grape Juice is available with each meal